## Boardman Family Chiropractic & SpinalAid Center



## John E. Boardman, D.C.

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August 28, 2023

Chandler Regional Hyperbaric Oxygen Therapy Attn: Dan McCluskey Brian Paterick M.D. 1875 W. Frye Rd. Chandler, AZ 85224

Dear Dan and Dr. Paterick,

I want to thank you both, and particularly, Dan, for the outstanding care I received at your clinic. I had brachytherapy for the prostate in October 2020 and within six months started having intermittent hematuria, secondary to radiation cystitis. This continued periodically without any warning or indications and was a significant disrupter to life. It would be mild at times and at others I'd have full-on clots that would even stop voiding completely. This, however, was not the only result of radiation. I also endured radiation proctitis.

I asked both my urologist, as well as my radio oncologist, multiple times over the next two plus years what could be done to stop or treat this. Each had been in practice for over 25 years. I continued to get the same answer, "Well...these things take time and, in some people, last longer than others. It could also be due to your medications or immune system." (paraphrased) After two and a half years of dealing with this and doing more research on my own, I found that the hematuria could last up to five to ten years! When I asked my urologist about this, he said that's true. I was thinking, hell, don't you think that would have been important to tell a patient this prior to doing this procedure? He had no solution. As a physician myself, this was very frustrating.

So, I finally hit the internet and Googled, "alternative treatments for radiation cystitis." And wouldn't you know it, the first four to five organic search listings showed "hyperbaric oxygen therapy." This was on the first page, and they weren't paid advertising, which tells me a lot of people search and are aware of this! So why weren't my doctors aware?

After meeting with Dr. Paterick for the exam, he determined I was a candidate for hyperbaric therapy. I was prescribed 40 treatments, going five days a week, for two hours. I was asking Dan for more information and research on hyperbarics and he was more than happy to show me, some even going back hundreds of years. By the third week, my hematuria stopped and has not returned. The radiation proctitis that had caused issues with my lower colon, resolved completely. I am amazed! I only wished my doctors had told me about this treatment years ago. I will be forever grateful for your care and expertise. You two and the staff there are wonderful to deal with and I would highly recommend your center for hyperbaric therapy. Thank you again and all the best!

Sincerely/

John E. Boardman, D.C.

P.S.

You have my permission to use this or any part of it for a testimonial.

